

### **Overview/description**

#### To affinity and beyond: An arthritis story

We have an opportunity to partake in the journey of every arthritic pet. Having an affinity for arthritis management allows us to appreciate different perspectives and incorporate a variety of components into multimodal patient care. During this webcast, Dr. Tara Edwards will focus on life at home for the arthritic pet and will include further discussion on lifestyle adjustments, environmental modifications, and assistive devices which can aid in promoting mobility and preventing injury. Going beyond analgesics and nutritional recommendations allows us to open additional chapters in an arthritis story and provides our clients with a larger range of complimentary support options.

### Speaker's bio and credentials



#### Tara Edwards, DVM, Dipl. ACVSMR, CCRT, CVPP, cVMA

Dr. Tara Edwards graduated from the Western College of Veterinary Medicine in 2002. She obtained her certification as a Canine Rehabilitation Therapist in 2006 from the Canine Rehabilitation Institute. In 2012, she obtained her certification as a Veterinary Pain Practitioner through the International Veterinary Academy of Pain Management and achieved board

certification through the American College of Veterinary Sports Medicine and Rehabilitation. In the fall of 2014, a certification in Veterinary Medical Acupuncture was added to her practice to improve the quality of patient care. Her areas of interest include improving the quality of care for geriatrics and raising the bar for pain management. She is currently overseeing the rehabilitation, pain management, acupuncture, and orthotic service at VCA Tri Lake Animal Hospital and Referral Centre in Kelowna, BC.



### Questionnaire

- 1. Choose the most correct statement:
  - o Assistive carts are often utilized for neurological patients
  - o Assistive carts are not tolerated by patients
  - o Assistive carts can provide mobility assistance for arthritic patients
  - o A and C
- 2. True or False. As patients become older, nail care and regular grooming become less important.
  - o True
  - o False

#### 3. Choose the correct statement:

- $\circ~$  Proprioception often improves with neurological disease
- Proprioception often improves with age
- Loss of proprioception can occur with aging and joint disease
- Proprioception is not affected by underlying joint disease

#### 4. Repetitive ball play can:

- Cause excessive stress on joints and muscles
- Increase the risk of injury
- Contribute to increased arousal states
- All of the above

#### 5. Appropriate enrichment includes:

- Mental stimulation
- Physical stimulation
- Sensory stimulation
- All of the above

# 6. An acute flare-up is a transient worsening of arthritic symptoms that is often secondary

to:

- Excess activity
- Regular low impact exercise
- $\circ$  Infection
- Weight loss



- 7. Life style adjustments can assist with:
  - Preventing an injury
  - Slowing down the progression of arthritis
  - Reducing physical fitness
  - o A and B
- 8. True or False. Assistive coats or life jackets should only be utilized for dogs that cannot swim long distances.
  - o True
  - o False
- 9. True or False. Regular low impact activity can be beneficial for both pets and their owners.
  - o True
  - o False

#### 10. Choose the most correct answer regarding dogs

- $\circ~$  Adrenaline in the clinic can assist with identifying signs of an injury
- Natural instincts encourage suitable behaviour to avoid injury
- o Adrenaline and natural instincts can mask the signs of an injury or pain
- $\circ~$  Natural instincts in the clinic can assist with identifying pain

#### **PERSONAL INFORMATION:**

#### First name:

Last name:

#### Type:

(Veterinarian, Technician)

#### Licence number:

Province where you practise:

Email:



# **CERTIFICATE OF COMPLETION**

### **Educational webcast**

To affinity and beyond: An arthritis story

**Presented by** 

### Tara Edwards, DVM, Dipl. ACVSMR, CCRT, CVPP, cVMA

## This document confirms that

Dr. Lorem Ipsum

has viewed the above-mentioned webcast and has answered and submitted the questionnaire meant to evaluate the understanding of the content.

Date:

Province of licensure: Licence number:

CE credit earned: 1